Complementary and Alternative Therapy

Lead by Nurah Johnson

Community EVENT Energy Healing Workshop

Tuesday Room 301A 2:00pm - 4:30pm
Hawai‘i Convention Center

As an alternative Wellness Art, energy healing, specifically Reiki, can be easily integrated into conventional health care. Since this modality can be offered an inch or two above the body it is not contraindicated. Reiki is a modality that interacts with the participants own bio-energetic system. The practitioner gently touches the recipient who in turn pulls in the vibrational energy and the body distributes it where needed. Those attending this workshop will experience the symphony of three healing energy modalities, Reiki, Karuna, and Seichem.

Learning Outcomes: Those who experience this fusion of energy therapy may experience optimum releases of tension, stress reduction, relaxation, and may trigger their own body’s natural healing abilities. Participants will experience a sense of inner peace and harmony.

Brenda (Nurah) Johnson

at present, has few interests and they have been reduced to the art of Healing. She is a master practitioner of Reiki Seichem and a pundit of Life coaching. As a student of Life, she never stops learning. She has chosen to Be a person rather than a Have person.

She has twenty-five years experience in Energy Healing, and over 40 years in meditation, and she is the author of a book called “Sketches of Life”

Nurah is a founder and facilitator of “Sisters of Hagar” an organization consisting of a group of healers who practice meditation and seek ways to uplift humanity. She is also a member and teacher/facilitator of the All-Love Community founded by Master Teacher Patrick Zeigler.

Reiki

An ancient healing art, which uses the physical energy, gives life to our bodies to facilitate healing from the inside out by harmonizing and balancing the energies.

Karuna Reiki

Is the healing energy that awakens us to the universal passion and wisdom of the soul. Karuna is a Sanskrit word, which denotes compassion, an action that is taken to diminish the suffering of others.

SEICHIM/Sekhem

Healing Energy is the Ancient Egyptian meaning for universal energy and power. It is a very high vibrational energy that works deeper than Reiki. It works on the physical, mental, emotional and spiritual bodies.