In this workshop we will explore caring and

Gratitude
caring about others
forgiving others
happiness
mindfulness

We will begin our personal journey of what it means to care for the world. We will then explore the Photovoice Method for developing self-advocacy skills. We will explore the concept of caring. This session will include large group activities, partner work, and self-reflection.

Leaders – Amy Bossler & Jeanine Lewis
Living the Treaty Now 8:40 am – 9:40 am

Each of us has human rights because we are human. These rights are based on respect and are universal. The UN Convention on the Rights of Persons with Disabilities (CRPD) ensures rights for people with disabilities worldwide. It is important for all of us to learn about the treaty and apply the values in our daily life = Live the Treaty.

This session will show the video "Living the Treaty" and explore how self-advocates can live the treaty in their own life by increasing their own decision-making, social inclusion and develop personal networks. We will also talk about ways to advocate with elected officials so the treaty can be ratified (approved) by the US Senate. Materials will be provided.

Leaders Mark Starford & Tammie Evrard

One Vision, One Voice: Removing the 'R' Word 9:45 am – 10:40 am

The Hawaii Self-Advocacy Advisory Council (SAAC) will lead a discussion and provide interactive activities on the steps they took to remove the R" word from legislation. Self-Advocates will demonstrate how having one vision and one voice creates change.

Leaders Sarah Ahina, Sol Ray Duncan & Chris Toyama

Leadership and Expression through Arts
10:15 am – 12:15 pm
Chelsea Leitner

Being creative brings us into the moment and puts us in touch with who we are as leaders and members in the community. We can make sense of our lives. At this workshop, we will come together to experience the richness of the art process. We will talk to each other through art making and we will see how art can be a part of our lives. We will also learn how to build leadership skills through the art process.

Lunch – 12:15 – 1:15 pm
Hawaii convention center
Lunch vouchers